

# KETAMINE INFUSIONS FOR MOOD DISORDERS



## FAST FACTS

### WHAT IS KETAMINE

- Ketamine is a pain relief and anesthetic medication
- It is a safe, effective, and non-invasive treatment for mood disorders
- Evidence shows that Ketamine Infusion Therapy can relieve depression by accessing brain receptors
- Safely used in the U.S. since 1970

### WHAT IS KETAMINE INFUSION THERAPY?

Published studies now support **great effectiveness** on generalized anxiety and depression.

**78%** response rate for depression with results in as little as a few hours to a few days!

### WHAT CAN IT TREAT?

Depression	Anxiety
PTSD	OCD
Bipolar Disorder	Neuropathic Syndromes

### WHAT ARE THE BENEFITS?

- Ketamine works by increasing activity in a certain area of the brain
- Offers long-lasting positive impact on your well-being
- Very few side effects
- Fast acting! Many patients experience marked improvements within days, unlike other medications that take weeks to months to become effective
- Each treatment session provides a deep state of relaxation, which can be beneficial to their emotional well-being

### WHAT CAN YOU EXPECT?

- Prior to treatment, you will be evaluated by a Board Certified Psychiatric Mental Health Nurse Practitioner who is certified in ketamine therapy to make sure you are a good fit for treatment and what your treatment plan will be.
- Ketamine Infusions are delivered in a private, safe, and comfortable environment with a variety of tools to help you customize your experience.
- During treatment, you will be monitored by an ACLS-certified provider for your blood pressure, heart rate, oxygen level, and your level of sedation.
- Plan on spending about 2 hours for your entire Ketamine Infusion Therapy experience.
- Some people feel better during and right after their infusion. Others feel benefits within a few days.

### WHY AFFECTIVE MENTAL WELLNESS FOR KETAMINE?

The mission of Affective Mental Wellness Ketamine is to deliver compassionate, holistic mental wellness. We utilize medications to help transform your relationship with your mental health to help you access new coping mechanisms for long-term success. Contact us today if you think Ketamine Infusion Therapy is right for you!

(210) 360-1590

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# NOW OFFERING KETAMINE INFUSIONS

AFFECTIVE MENTAL WELLNESS

705 Landa Street, Suite E, New Braunfels, Texas. 78130

Monday - Thursday 9 am - 4 pm | Saturday 9 am - 12 pm

Affective Mental Wellness is excited to announce our brand new Ketamine clinic in New Braunfels, Texas.

Ketamine has been used for decades as a sedative for surgery but has found new uses in recent years as a treatment for many mental health disorders!



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