



Affective Mental Wellness, LLC

705 Landa Street
Suite E
New Braunfels, Texas 78130
210-360-1590
kylee@affectivementalwellness.com
www.affectivementalwellness.com

Recommended Therapists & Counseling Services

Outlook Counseling

Cherise Miles, LPC
830-888-9869
milescherise@gmail.com

Stephanie Old Bucher, LMFT
512-588-3092
oldbucherstephanie@gmail.com
New Braunfels, TX

Sarah Meckel, LPC

830-500-9898
www.truenorth-counseling.org
New Braunfels, TX

Rebecca Cook, LCSW

512-947-1222
www.rebeccacooklcsww.com
Buda, TX

Branches at Austin Oaks Hospital

512-440-4800
www.austinoakshospital.com
Austin, TX & San Marcos, TX

Teale Janysek, MA, CTRS, LPC

918-605-3909
www.compassioncounselinggroup.com
New Braunfels, TX

Renee Austin, LPC-S

972-318-2943
www.traumathepynorthdallas.com
Dallas, TX

Graceland Psychiatric & Neuromodulation Center

210-868-5801
www.gracelandpsychiatry.com
San Antonio, TX

Carla Casillas, LCSW

469-306-4806
www.windingpathsolutions.com
Dallas, TX

Rebecca Phipps, LPC

469-530-2244
www.faithbehavioralhealth.com
Frisco, TX

Adrienne M. Koller, LPC

512-910-4097
www.strongselfpsychotherapy.com
San Marcos, TX

KM Counseling Services, PLLC

210-314-1606
www.kmcounselingservices.com
Schertz, TX

Cheryl Camarillo, LCSW

844-663-9669
www.cherylcamarillo.com
San Antonio, TX

Brandi Martin, LPC

830-570-9979
www.brandimartinLPC.com
Schertz, TX

Madrone Center for Counseling

972-379-8303
www.madronecounselingcenter.com
New Braunfels, TX

Ellie Mental Health

830-402-5890
www.elliementalhealth.com
New Braunfels, TX

Amanda Arriola, LPC, RPT, AAC

Adolescents & Teens Only
830-351-8355
www.hillcountryheartcounseling.com
New Braunfels, TX

Ability Counseling

20-30yo with Anxiety Only
Audrey Lyda, LPC
210-236-1131
www.abilitycounseling.net
Schertz, TX

Mindful Therapy Group

*Providers Accepting New Clients
Stenet Frost, Tashau Asefew, &
Jacqui Maye (telemed only)*
www.mindfultherapygroup.com
832-844-1513
frontdesk.tx@mindfultherapygroup.com

Kellie Hayes, LCSW

210-831-8888
www.kellymoeller.com
New Braunfels, TX

Glen Calvert Jr., LCSW

210-293-0883
San Antonio, TX

Richard A. Lyons, LCSW

210-865-0165
San Antonio, TX

Vada Counseling

281-626-0505
www.vadacounseling.com

Carla Barnes, LPC

512-557-4491
www.carlabarneslpc.com
Schertz, TX

Usawa Wellness Services, PLLC

210-951-9479
www.myusawa.org
Live Oak, TX

Stephanie Degrate, LCSW

469-845-8983
www.stephaniedegrate.com
Dallas, TX

Annalisa Blackham, M.S.W., LCSW

214-613-6426
www.zoetrycounseling.com
Dallas, TX

Dr. Jessica Klement, PhD

214-876-2203
www.tellapsychology.com
Dallas, TX

Kristen Butler, LPC, NCC

830-832-6574
www.thespringscounseling.com
New Braunfels, TX

Zenergy Counseling

972-778-8009
www.zenergy-counseling.com
Dallas, TX

www.PsychologyToday.com

Search for your next therapist with detailed filters
and read reviews to find the right fit for you!

We love growing our recommended list. If you have a counselor you love, email us at frontdesk@affectivementalwellness.com!